

College of Health and Human Performance (HHP)

The University of Florida College of Health and Human Performance is unlike most academic colleges. Research and teaching in HHP has an impact on almost every aspect of the human condition. The college's three centers – the Center for Digital Health and Wellness, Center for Exercise Science, and the Eric Friedheim Tourism Institute– as well as its three primary departments – Applied Physiology and Kinesiology (APK), Health Education and Behavior (HEB), and Tourism Recreation and Sport Management (TRSM) – place the college firmly in a position to influence and improve an array of societal problems and challenges. Its mission is to provide recognized programs of excellence in teaching, research and service that focus on assisting individuals, families and communities to promote health and prevent disease while enhancing quality of life across the lifespan.